



**FINDING
FREEDOM**
Eating Disorder Support Group

- Portland based peer led eating disorder support group
 - Welcoming to all adolescents with any kind of eating disorder
- Every Thursday for dinner from 6:00 pm to 7:00 pm PST

Are you seeking a supportive ED recovery community with fellow young warriors like yourself?
Join us weekly for dinner engage in discussion topics and participate in fun activities!

To learn more about this group, call, email, or text
Sage McCann • sagecmccann@hotmail.com • (503)-826-4342

Disclaimer: we are not professionals - this is a peer led support group and you are here to seek community in your recovery, but we cannot provide the therapy or counseling that is often necessary to heal from an eating disorder.